



PAUL
March 2020

LUNCH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| <p>2</p> <p>Grilled Chicken Sandwich TaterTots Steamed Vegetable OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>4</p> <p>Sloppy Joe Corn & Carrots OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>5</p> <p>Chicken Quesadilla with Whole Grain Tortilla, Pinto Beans and Fresh Salsa OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>6</p> <p>Turkey & Gravy Over Broccoli Rice OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>7</p> <p>Ham & Cheese Roll-Up With Southwest Corn OR Chef Salad Fresh Fruit Skim or 1% Milk</p> |
| <p>9</p> <p>BBQ Hamburger on Bun Tater Tots Broccoli Salad OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>11</p> <p>BBQ Chicken Mashed Potato OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>12</p> <p>Baked Ziti with Whole Grain Pasta and Roasted Corn OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>13</p> <p>Teriyaki Chicken with Brown Rice Pilaf, Carrots and Broccoli OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>14</p> <p>Chopped Beef & Cheddar on Whole Grain Bun with Green Beans OR Chop Salad with Chicken Fresh Fruit Skim or 1% Milk</p> |
| <p>16</p> <p>Chicken & Cheese Sandwich Corn Chips Steamed Vegetable OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>18</p> <p>Turkey Gyro with Yogurt on Whole Grain Pita with Warm Garbanzo and Lentil Salad & Corn OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>19</p> <p>Chipotle Chicken Bowl Over Rice & Black Beans Carrot & Celery Sticks OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>20</p> <p>Whole Grain Pizza with Roasted Parmesan Broccoli OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>21</p> <p>Chicken Salad Sandwich on Whole Grain Wrap with Baby Carrots OR Chop Salad with Chicken Fresh Fruit Skim or 1% Milk</p> |
| <p>23</p> <p>BBQ Hamburger on Bun Tater Tots Broccoli Salad -OR- Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>25</p> <p>Chicken Parmesan Over Faro Green Beans -Or- Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>26</p> <p>Sausage & Red Beans & Rice Cream Corn -Or- Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>27</p> <p>Salisbury Steak Mac and Cheese Broccoli -or- Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>28</p> <p>Whole Grain Pizza with Parmesan Broccoli -OR- Chef Salad Fresh Fruit Skim or 1% Milk</p> |
| <p>30</p> <p>Spaghetti & Meat Ball Spinach & Corn OR – Chef Salad Fresh Fruit Skim or 1% Milk</p> | <p>31</p> <p>Chicken & Cheese Sandwich Corn Chips Steamed Vegetable OR Chef Salad Fresh Fruit Skim or 1% Milk</p> | | | |